

Title of Program: **"Designing a K-5 Developmental Curriculum"**

Date: Friday, January 24, 2014

Time: 1:15 to 2:05 pm

Presenter: Dan Young

The presentation has two main goals:

- Identify and discuss the characteristics of a developmental curriculum
- Strategies on how to acquire/design a K-5 physical education curriculum

A developmental curriculum clearly identifies what students should know and be able to do by the end of each grade. It is based on either the local, state or national standards. There are several basic characteristics to a developmental curriculum:

- Clearly identified learning objective
- A scope and sequence of learning experiences
- Strategies for improving student performance
- An Instructional plan
- Integration of all standards into the learning experience
- Formative and Summative Assessment Strategies
 - A rubric for all objectives
 - Students have opportunities to apply their learning
 - Assessment protocols

Strategies for acquiring/designing a physical education curriculum:

- Identify the aim of the physical education program at the school/district level based on local/state guidelines.
- Teachers must review the literature to identify the curriculum resources that best meet their needs. This is the process that other subject area teachers use.
- Present the findings to school/district administrators.
- Include a budget proposal with the findings.
- Timing is important
 - Most school districts start their budget planning for the next school year in January.
 - Generally all funds have to be spent at the school level around May 1st of the current school year.
 - Generally district level funds have to be spent by the middle of June.
 - Teachers should identify the practices in their school district.
 - Submit proposals at the appropriate time

The importance of a developmental physical education curriculum

I have served as a physical education teacher, a physical education supervisor and a K-5 principal. During the five years as a principal, I recognized how valuable a developmental curriculum is for classroom teachers. The developmental resources were integrated with the learning standards for the respective subjects. The curriculum materials made it very clear to teachers what students were expected to learn in each grade level. Teachers in all grade levels knew what students had learned in the previous grades and the content they would learn in later grades. The body of knowledge for all academic content areas was integrated in each of the specific content guidelines.

I concluded that it is critical for **physical education teachers** to have a curriculum that includes the content features that teachers in other subject areas have available to them. I am convinced that it is imperative that physical education teachers clearly identify the body of knowledge that students should learn if it is to gain the rightful status it deserves in the school setting.

For More Information
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Moving To Success embraces the belief that students who become competent movers and are knowledgeable regarding the health-related benefits of being physically active are more likely to value and lead a physically active lifestyle.