

**Presenter:** Bridgette Stewart

**Affiliations:** The University of West Georgia and American Heart Association Basic Life Support Instructor

**Intended Audience:** High school health and physical education teachers (Grades 9-12)

**Title of Presentation:** American Heart Association Heartsaver Adult CPR/AED Certification Workshop

New legislation introduced by senate bill 212 requires all public high schools in grades 9-12 to instruct CPR and AED within their health and physical education classes. This legislation is set to take affect during the 2013-2014 school year and will have a significant impact on curriculum and instruction for physical education teachers. These imperative life skills can dramatically double the chances of survival during a cardiac arrest from the nearly 400,000 individuals who die annually from this type incident. “Sudden cardiac arrest is a leading cause of death in the U.S. – but when ordinary people, not just doctors and EMTs, are equipped with the skills to perform CPR, the survival rate can double, or even triple,” Director Julie M. Howell of the South East division of the American Heart Association. “By teaching students CPR, we can add thousands of lifesavers to our communities.”

This three-hour conference workshop will fully certify physical education teachers using the American Heart Association (AHA) guidelines for CPR and AED use on adults. Participants will learn, train, and review the skills necessary to teach these skills as part of the new curricular requirement in public schools. Pedagogy and general organization will also be covered preparing teachers to maximize effective teaching using specific AHA teaching cues, equipment specifics, incorporating video instruction, and remediation. Participants do not need to supply any materials of their own, but will be asked to register for the workshop at the time of check-in.