

**PSI Basketball:
Students Progress As Fast As They Can or
As Slow As They Need**



Personal Recording Form for:

Student Name: _____ **Teacher:** _____

Personal Recording Form

PSI Basketball Unit

Module 1: Dribbling

Task 1A (Partner check): _____

Date Completed: _____

Task 1B (Partner check): _____

Date Completed: _____

Task 1C (Partner check): _____

Date Completed: _____

Task 2A (Self check): _____

Date Completed: _____

Task 2B (Self check): _____

Date Completed: _____

Task 2C (Self check): _____

Date Completed: _____

Task 2D (Self check): _____

Date Completed: _____

Task 2E (Self check): _____

Date Completed: _____

Task 2F (Self check): _____

Date Completed: _____

Task 3A (Partner check):

Forward	Right	Left	Backward

Date Completed: _____

Task 3B (Partner check):

Forward	Right	Left	Backward

Date Completed: _____

Task 4 (Self check): _____

Date Completed: _____

Task 5 (Teacher check): _____

Date Completed: _____

Task 6 (Self check): _____

Date Completed: _____

Self-Responsibility Checklist – *Place a check next to the statement if it applies to you.*

My Self-Control

- I did not make fun of anyone or use any put-downs
- I sat still when the teacher was talking
- I did not allow others to make me angry
- I did not interrupt when someone was talking

My Effort and Participation

- I tried my best on every task
- I wore the proper clothing so that I could participate
- I stayed on task

My Self-Responsibility

- I followed all directions
- I practiced on my own
- I worked well with my partner
- I worked hard even when the teacher was not watching
- Even when I saw someone doing something wrong, I chose to mind my own business

My Caring and Helping

- I helped someone who did not understand
- I said something nice to someone
- I took care of the PE equipment

Dribbling Assessment

(To be completed after Module 1)

True or False. Write a T if the statement is True and an F if it is False (20 points ea.)

1. It is very important to keep your eyes on the ball when dribbling.
2. You should always try to keep your body between the ball and a defender when dribbling.
3. A good basketball player only needs to dribble really well with one hand.
4. You can move down the court without dribbling as long as you are holding the ball with one hand.
5. It is easier to steal the ball from a player who is dribbling the ball above the waist.