

12 Minute Tiger Run

Running Levels

(by stick)

27 sticks

5K Charm

45 sticks

Blue Shoe Charm and Level 1 Blue Shirt Form

90 sticks

Tie Dye Shoe Charm and Level 2 Red Shirt Form

118 sticks

13.1 Half Marathon Charm

180 sticks

Green Shoe and Level 3 Green Shirt Form

236 sticks

Marathon Charm

270 sticks

Tie Dye Shoe and Level 4 Orange Shirt Form

315 sticks

Red Shoe

360 sticks

Golden Paw and Level 5 Neon Yellow Shirt Form

450 sticks

540 sticks

675 sticks

Black Shoe

Orange Shoe

Tennis Shoe and the 75 Miler Shirt