

Crab Soccer

Equipment: Jerseys or Boys against Girls, Indoor soccer goals or cones, inflatable soccer balls US Games # 1369511 (99.99 set 6) Scoreboard optional.

Students must walk like a “crab” or scoot, keeping their backside on the ground. Put all 6 balls in at once. Goalies can be on their knees and throw balls with 2 hands overhead when scored on. *Do **not** let students sit on or “squeeze” the soccer balls as this will put small holes in them.*

Parachute Fun/“Lets Go Camping!”

I have a large circle on my floor, students come in and sit on the circle at a color but do not touch the parachute. Review safety, do not let students use the handles as this could hurt their fingers.

Grip: Overhand, underhand, mixed Commands: Elevator Up/down

Story

Action

Hike to your campsite

Walk in a circle

Made it to campsite, put your gear/backpack down

Sit

Play a game at your new site

Game: Color-ama

Must set up a tent

Make Tent

If we take more steps, will the top get higher or lower?

What makes the parachute stay up?

Lean against parachute to let air out

Make a pretend campfire

Inside the tent, go around the circle and say what

Your favorite treat to eat is?

Let’s make a snack before bedtime, popcorn

Game: Popcorn

Time to get in your sleeping bag

Lay under parachute

Wake up, get up and hike back to our car.

Walk in opposite circle

Action Descriptions:

Color-ama: “Parachute Up” Lift parachute overhead and hold position. Call out a color. Everyone at that color move to a different spot, same color.

Make a Tent: “Elevator Up”, parachute overhead, take 2 steps under and pull the parachute behind you and sit on it. Do not let go of it until you sit on it. Try taking 3, 4, 5 and 6 steps.

Popcorn: Stand holding the parachute at waist holding it over the “campfire” add butter, then popcorn seeds (small foam balls) Pop until most are out. Parachute up, then down fast to get the rest out.

