

Got pole, Got ball, then you have Angle Ball!

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Team Sizes. As little as 3 v 3 up to 12 v 12.

Field Dimensions.

- a. 3 v 3 **standards** are 50 ft. apart, and increasing this by 10 feet for every 2 players added to the field.
- b. Each standard should be surrounded by a 10 ft. radius target-circle.
- c. Can be played on a basketball court = length 74 ft. X width 42 ft., football field = length 360 ft. X width: 160 ft., or soccer field = length 360 ft./width 225 ft. depending on number of players.

To start play

- a. First possession/field side is determined by rock paper scissors or coin flip.
- b. Play starts when the athlete with the angleball either steps both feet outside the target-circle, or passes the angle ball outside the target-circle.
- c. Other athletes can start play anywhere on the field besides in their opponent's target-circle.

Game Length Play to 7 points, win by 2.

Scoring

- a. The angleball must strike the targetball directly, and knock it off the pole, for a point.
- b. If the angleball hits the pole and causes the targetball to fall down, it is a turnover and play resets from within the target-circle.
- c. After a score, the targetball is reset the possession team has 30 seconds to begin play (due to resetting the ball).

Passing

- a. Can be overhead (baseball throw), bounce, or chest pass
- b. Ball can be intercepted.

Tagging

- a. Once a person is tagged, the ball is dropped straight down the other team has 5 seconds to begin moving the ball down the field.

Foul results in +1 point

- a. The fouled team is awarded a point, and play resets just as if the fouled team had scored.
- b. Fouls occur during “rough play” like fouls that are called in basketball.

Kicking the Angleball.

- a. Intentionally kicking or touching the angleball with the foot is an immediate turnover.

Out of bounds

- a. If out-of-bounds occurs possession is the opposing team that last touched the angleball.
- b. The angleball can be ran, or passed inbounds - but not shot - from the point of exit

Modifications

- a. May include: shorter pole, bigger targetball, bigger angleball, smaller field dimensions, etc.