

## Get A Cue To Teaching Sports Skills

If you want to be the most effective teacher/coach you can be, and if you want your students/athletes to be able to learn quickly, demonstrate correctly, and remember motor skills, then this presentation is for you! This presentation will introduce you to a variety of teaching cues, equipment tips, and innovative teaching ideas.

Recent research has shown that coaches and teachers who use cues when teaching motor skills are more effective than those who do not use them. However, developing cues for a variety of sports is difficult and extremely time consuming. This session will place teachers and coaches on the cutting edge of effective teaching and save them a great deal of time.

Instructors can (1) use cues with demonstrations, (2) use cues to help analyze skill, drills, and strategies, (3) use cues to give appropriate corrective feedback, and (4) use cues in systematic observation for evaluation purposes. Instructors who use cues eliminate improper instruction and keep students motivated and on task. Students also benefit from the use of cues. The short brief words or phrases help them remember critical and specific elements of the skill.

How does an instructor teach a motor skill correctly? What is a correct and successful teaching model? How do teaching cues fit in this model? What are six tools to give feedback? These questions will be addressed along with demonstrations of good teaching models and how cues are implemented into physical education lesson or coaching practice. This presentation will cover basic fundamental skill such as throwing, jogging, sprinting, kicking along with a variety of sport skills in basketball, football etc.

### For more information

Fronske, H. & Heath E. (2015). Teaching cues for sport skills for secondary students. San Francisco: Pearson.