**Session #1**

**Are you ready for the dance?**

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All shook up (Naomi Fleetwood) <https://www.youtube.com/watch?v=mbBB4vn88Mc>

Hildago (Ira Weisburd) <https://www.youtube.com/watch?v=cT0eIVvY0TY>

DHSS (Gaye Teathe) <https://www.youtube.com/watch?v=Brj95mjnqq4>

Old School bop (Sue Ann Ehmann) <https://www.youtube.com/watch?v=4E6kOyvkjnw>

Cowgirl’s twist (Unknown) <https://www.youtube.com/watch?v=tQ58xhFMQLs>

**Session #2**

**Are you ready for the dance? #2**

Swamp Thang (Max Perry) <https://www.youtube.com/watch?v=h2oqBI3SyiY>

Rocking the Wagon wheel (Jamie Marshall) <https://www.youtube.com/watch?v=O_sRLitPLlA&t=1s>

Billy B Badd (June Shuman) <https://www.youtube.com/watch?v=poRKFFIkTxA&list=TLPQMzAxMTIwMjHcFa3njnp77w&index=9>

Copperhead Road (Unknown) <https://www.youtube.com/watch?v=0LWfnJyZgP0>

Cowboy Charleston (Unknown) <https://www.youtube.com/watch?v=6oscZqWvVG8>

**Session #3**

**My favorite novelty dances**

**AGADOO** [https:/ /www.youtube.com/watch?v=EI45qyPQJqA](https://www.youtube.com/watch?v=EI45qyPQJqA)

1. push pointer fingers out front 2 times ( "agadoo, doo, doo") B. push palms out hands out front 2 times ("push pineapple) C. holding both hands together, touch each shoulder once ("shake the tree")

D. repeat 1 and 2 then -roll fists and forearms around each other ("grind coffee") E. point to the left and right sides with the pointer fingers ("to the left and to the right") F. jump off ground with both arms up and as you come down, put hands on the knees ("jump up and G. down and to your knees") cross hands back and forth from one knee to the other while moving the legs side to side ("come and dance with me to a hula melody ")

**HAMPSTER DANCE** Part A - Two neck movements to the left-right-left-right; step close left-right-left-right-left-right-left-right; slap thighs 2 times, clap hands 2 times, ceiling push times, jump left-jump right, walk in a circle doing the “windshield wiper” with the hands for 8 counts, repeat. Part B Stomp left –right-left- right-left-right-left-right; seat wiggle 8 counts, jump 180 seat wiggle 4 counts, jump and turn 180 seat wiggle 4 counts

Sequence: A A A B A A A B A A

**HULLY GULLY -** Do You Love Me (2 lines facing) All do same steps. Grapevine right, grapevine left,

grapevine right, grapevine left, step right forward with a 1/4 turn and snap fingers, step left forward with 1/2 for pivot, step right forward pivot, step left forward pivot, step right with 1/4 pivot backwards to start over (all dancers facing opposite wall from the beginning.

**LA CUCARACHA** (couples side by side) Step right, pause, touch left; repeat left, 3 step turn clockwise and

stamp; repeat left, right, and left = A; run right 3 steps turn and touch left heel forward; repeat left, right, etc. for 8 measures = B; step right (cross in front) left (in place) right (in original position),repeat left-perform this waltz step for 8 measures = C sequence = A B A C

**MY BONNIE/RUDOLPH** (Chair dance) Stand up or sit down each time a word that begins with the letter "B"

is sung. (Chair dance) Stand up or sit down on the words beginning with the letter "R", turn around on the letters that begin with "S", and clap on the letters beginning with "G".

**NEW YORK, NEW YORK** (line) Start left-4 step kicks, schottische back, schottische forward, step right

touch left (cross in front) and repeat 3 times alternating sides, 3 step turn left and right, = A ; touch step 4 times turning a full turn counter clockwise = B; swing the hips left and right 6 beats. Sequence : A 5 times, B, A 3 times, C, A 4 times

**ROCKING ROBIN** (4 people in a circle) All clap - 1 and 3 do a “high 5" while 2 and 4 do a “low 5" - all clap - 1 and 3 do a “low 5" while 2 and 4 do a “high 5" - repeat ; all clap - 1 and 2 do a “high 5" while 3 and 4 do a “high 5" - all clap - 1 an 2 do a “low 5" while 3 and 4 do a “low 5"- repeat actions with 1 and 4 interacting and 2 and 3 interacting.

**STEPPING OUT** (line dance) Step left brush right forward- cross in front-forward, step right (out to the

side) left (cross in back) right (out to side) left (cross in back); repeat opposite; 4 steps in a circle (360), step left brush forward brush (cross in front) brush forward, step in place 3 times = A; step brush 4 times, step make a circle with the right foot counter clockwise, 3 steps in place, repeat =B. Sequence = A B A B A B

**TROPANKA** (single circle, hands joined shoulder height) Step right (out to side) left (cross in back)

right (out to side) left (cross in back) right (out to side) stamp left 2 times-moving counter clockwise; repeat 3 more times-clockwise, counter clockwise, clockwise; right (out to side) left stamp, left (out to side) right stamp, right (out to side) left stamp 2 times; repeat 3 more times-changing directions; ladies step hop 2 times towards the center of the circle, step right, stamp left 2 times; repeat opposite repeat with the boys going to the center and back.

**Irish Lilt** <https://www.youtube.com/watch?v=Iy9R-5f1EM0> <https://www.youtube.com/watch?v=GqdZ75dBQO8>