



# DRIVE

## Georgia Association for Health, Physical Education, Recreation and Dance (GAHPERD) NSP/DRIVE Session Outline

### Introduction

- Non-profit
- Youth development organization
- Goal
  - Expose young people to life skills and character education through the game of golf
  - Nine Core Values
    - Respect
    - Courtesy
    - Responsibility
    - Honesty
    - Sportsmanship
    - Confidence
    - Judgement
    - Perseverance
    - Integrity
- Delivers programs through four delivery channels
  - Elementary Schools (K-5)
    - National School Program
      - Curriculum created to meet SHAPE America national standards for K-12 physical education
      - Teachers do not need to know how to golf to teach it
      - Program designed to assist PE teachers deliver a program that is:
        - Safe
        - Productive
        - Fun
      - Lesson plans meet learning objectives
        - Healthy Habits
        - Core Values
        - Golf Skills/Concepts
      - Intent to “bridge life” transfer positive behaviors to other settings in and out of the classroom
      - Introduction: Laura Prior
  - Middle Schools (6-8)
    - DRIVE
      - Develops
      - Rewarding
      - Inspiring
      - Values

- For Everyone
  - Golf with a “games approach”
    - 18 golf based activities incorporating other sports including golf volleyball, golf football, and golf baseball
    - Develops golf and life skills
- After school programs
- Life Skills Experience
  - Delivered by Local chapters – The First Tee of Central Mississippi
    - Introduce Margo Coleman, and Ali Miller

### **Sample Class**

- Warm-Up: Musical Spaces
  - Instructions
    - When the music plays, walk the stations
    - 2 people to a hoop
    - 1 person to a tee
  - 5 Layers of Safety – 1<sup>st</sup>
    - Spacing of Equipment
    - Players and Caddies – 10ft Away
    - 2-3 student in a partnership
- Stations
  - 5 Layers of Safety – 2<sup>nd</sup> (Get through group move to 3<sup>rd</sup>)
    - Putting Green - Roll ball to putting green
    - Chipping Target - Bounce and roll ball to target
      - Player – takes three attempts
      - Once complete, release caddy by giving him a high five
      - Caddy – Retrieves ball and takes player position
  - 5 Layers of Safety – 3<sup>rd</sup> (Get through group move to second station go to 4<sup>th</sup>)
    - Y-Putt-Y
    - Y-Chip-Y
    - A-Assess, B-Broadcast, C-Caddy Check
  - 5 layers of Safety – 4<sup>th</sup> Core Values
    - Which core quality behavior skills did we learn today and please give example
  - 5 layers of Safety – 5<sup>th</sup> Safety
    - Ensure all safety processes align w/ class room, behavior management
      - Ask teachers what they currently do to ensure safety in their classroom.
- Wrap Up
  - Components of Program
    - 2 bags Equipment Bag
      - 2 bags club lengths by color
      - Tee Mat and tees

- Normalize any surface to make it easy to hit without damage to surface or clubs
    - 3 targets
  - Curriculum manual
  - E-learning
- Next Steps
  - Cost of program covered by donor in the area that supports the program to the degree that they will cover all three st